



# FATHERHOOD

SEPTEMBER 2021 | VOLUME 1

# NEWSLETTER

## THE PROJECT

The project "Fatherhood, gender roles and parenting" aims to meet the need for training and support of young fathers (18-30 years old) in their role as parents. The project is based on an innovative approach to youth training, focusing on young fathers as the main target group. The main objective is to empower and train young fathers to actively engage in the parental role. The final product of the project will be an open and accessible online training product for young parents in the language of the partners: **English, Spanish, Greek & Icelandic.**

## OUTCOME 1: GAP ANALYSIS

During summer 2021 we conducted a survey for young fathers in Greece. We asked 50 men 23 key questions about fatherhood, their personal experience with their children, their relationship with the mother of their kids, and what are their expectations for the project, in other words, what piece of extra knowledge they wish to gain from the project.

The main findings of the survey have to do with the parental leave (81% of the young fathers continued to work) and as for the rest respondents, the majority of them stayed from 2-3 months at home. Secondly, the vast majority of the fathers replied that they did not receive any special training in advance neither got prepared by reading for fatherhood prior to the arrival of their child.

Additionally, males from our group seem to desire to learn more about the relationship with their children, how to raise & support them in all manners, and lastly to understand their parents and custody rights. The reasons were that males receive less support and information in Greece than female mothers which seem to be in an advantageous position.



## THE TARGET GROUP

Direct participation through young fathers involvement in training and video production and indirect participation using social media forums like Facebook, Twitter & Youtube as well as organized online events on Zoom with experts and trainers. This will ensure that the outputs produced in the project are developed with and for young fathers. A total of 20 peers or young fathers will be involved in peer training and video production, 5 from each partner country, as well as partners will involve reference groups of 8-10 professionals and peers in each country that will actively engage in the development of project outputs.

A total of 40 young fathers will be involved in the piloting of the online training, providing feedback to the finalization of the Fatherhood learning platform. The unforeseen number of fathers will follow project outcomes either individual videos or take partners in the overall training program.

## THE OUTCOMES

A handbook for producers will be published online in English providing information and necessary tools for preparation, directing, and production of the Fatherhood videos as well as a description of the overall reviewing process and cooperation with the young fathers and professionals involved.

## THE TRAINING

The online training will include training content and videos. The Fatherhood training package will be designed using methods of positive psychology, emotional intelligence, and mindfulness as well as coaching, character education, and motivational techniques, partners will produce a central curriculum including learning objectives and applied methodology that can then be transferred to other regions/countries and groups within Europe.

## PARTNERS



***Any questions, ideas, or comments?***

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