

NEWSLETTER

THE PROJECT

The project "Fatherhood, gender roles and parenting" aims to meet the need for training and support of young fathers (18-30 years old) in their role as parents. The project is based on an innovative approach to youth training, focusing on young fathers as the main target group. The main objective is to empower and train young fathers to actively engage in the parental role. The final product of the project will be an open and accessible online training product for young parents in the language of the partners: **English, Spanish, Greek & Icelandic.**

KEY FINDINGS ON THE GAP ANALYSIS IN:



The results from the Gap analysis indicate that fathers want & are **in need of better service and information on becoming fathers.**

- information material and courses on child caring, birth, and more are not always accessible to fathers and are often more focused on the mother.
- Most of the fathers in all of the countries felt that **mothers and women were more prepared for the role and that they often had a better connection and ability to take care of the child in the first weeks or months.**

In all of the countries,

significant changes have happened in the last decade regarding the involvement of fathers with their children, with fathers in all of the partner countries taking more interest and participation in their children's life.

- Because of those fast changes, it was important for fathers to have courses or role models, ***as the role of fathers is vastly different today than when they were growing up.***
- The changes in society have not been as much in the government or in the custody systems, and many fathers feel that the system is biased towards women.
- **Custody** is more often ***connected to the mother rather than the father.***

The most crucial points:

- **Fathers want to be more involved in their children's life.** This can often be hard because of a lack of support and economic factors.
- Some of the fathers **felt they had the responsibility to be the financial provider of the home**, and in some cases, the fathers did not have the financial capability to spend as much time with their children as they liked.
- **Women are much more likely to** spend more time at home, take care of the home, and pull back on work after having a child.

For the full text & research results please click here:

https://drive.google.com/drive/u/0/folders/10O8ZJL-6EzPSbYGip4wwwu2W02oEArc_K

THE PARTICIPANTS

- The conducted survey for young fathers took place in Iceland, in Spain, in Ireland, and in Greece.
- Each country asked at least 50 men 23 key questions about fatherhood, their personal experience with their children, their relationship with the mother of their kids, and what are their expectations for the project; in other words, what piece of extra knowledge they wish to gain from the project.

"Men often don't feel as they are as prepared as women to be parents, and there is a lack and need for better service targeted to men."

PARTNERS



Any questions, ideas, or comments?

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